



# CalABLE and Tax Time Tips

Get ready for tax season!

February 14, 2024



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## Webinar Setup



### **Spanish Interpreter**

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### **ASL Interpreters**

View the speaker gallery to find a video feed of our ASL interpreters



### **Captioning**

Turn on Closed Captioning in the webinar controls

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# Presentation Slides

Please visit the CalABLE website for a copy of today's slides.

<https://www.treasurer.ca.gov/able/events/webinars/2024/index.asp>



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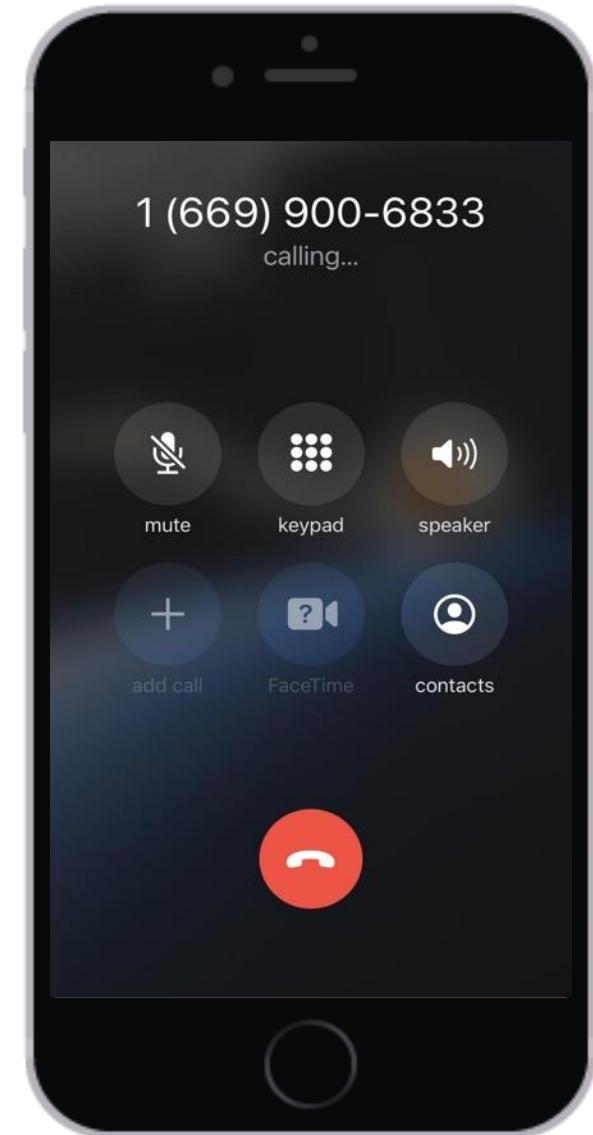
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## Submitting Questions

### Q&A Box

Submit your questions using the Q&A box at any time

### Email Us

Audio-only participants may email us at [CalABLE@treasurer.ca.gov](mailto:CalABLE@treasurer.ca.gov)

### Survey

Submit your feedback and unanswered questions

We will answer as many questions as possible. Please email us at [CalABLE@treasurer.ca.gov](mailto:CalABLE@treasurer.ca.gov) if your question is not answered.

## **CalABLE's First ASL VIDEO!**

**This is our first video featuring American Sign Language (ASL)!**

**It is part of a new educational video series sharing the value and benefits of CalABLE in three languages - ASL, Spanish and English.**

**We are so excited to connect with our CalABLE community in more languages and accessible ways.**



**Unlocking Financial Freedom: Introducing CalABLE's First ASL Video!**





# CalABLE and Tax Time Tips

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# Poll: I am a...

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- ☒ Account owner
- ☒ Authorized legal representative / Parent

- ☒ State Employee
- ☒ Service Provider

- ☒ Potential CalABLE participant
- ☒ Other



# **CalABLE Basics**



**CalABLE is a tax-advantaged savings and investment program designed to help people with disabilities achieve their financial dreams.**

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With CalABLE, you can save money without losing your eligibility for other benefits.

The money in these accounts can be used for qualified disability-related expenses, such as education, housing, and transportation.



# Who is Eligible for CalABLE?

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## You have a disability that began before age 26

- You meet the eligibility criteria for disability benefits like Supplemental Security Income (SSI) or Social Security Disability Insurance (SSDI).

Or

- You can self certify if your disability is on the SSA List of Compassionate Allowances or Blue Book listing
  - You may be asked to provide a [signed letter](#) from a qualified physician

\* The age limit for onset of disability to increase from 26 to 46 starting in 2026 (ABLE Age Adjustment Press Release)



## How much you can contribute to your CalABLE account in 2024?

**\$18,000**

**Amount contribution cap**

*(contributions only)*

**\$100,000**

**Total cap of recipients  
of SSI benefits**

*(contributions + earnings)*

**\$529,000**

**Total contribution cap  
for CalABLE**

*(contributions + earnings)*

*CalABLE will automatically reject excess contributions*



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# Invest your money

- CalABLE offers 8 professionally managed investment portfolios
- Potential tax-free growth
- Opportunity to build wealth through compound earnings
- Low annual fee of \$30
  - Investment and state administrative fees generally total between 0.28% - 0.45% of the account's balance per year

Please see the appendix for [investment options](#) and [account fees](#)

# Poll:

## What are you saving for?

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☒ First home

☒ Education

☒ Service dog

☒ Recreation and vacation

☒ Accessible vehicle

☒ Technology or equipment

☒ Health and wellness





## What can I spend my money on?

Education

Housing

Transportation

Employment training  
and support

Assistive technology and  
related services

Personal support services

Health Prevention  
and wellness

Funeral and burial

Legal fees

Expenses for ABLÉ account  
oversight and monitoring

Financial management and  
administrative services

And more

You can spend your CalABLE funds on anything that helps you live your best life!

This means any expense that helps the account holder maintain or improve their health, independence or their quality of life.

Categories are intentionally broad and include education, employment, housing, transportation, healthcare expenses, travel, experiences, and more.



## How do I open an account?

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### What do I need to know before I open an account?

- Participants can only have one ABLE account
- The person with a disability is always the ABLE account owner and beneficiary of the funds
- Account can be opened by the person with a disability or an Authorized Legal Representative



## Who can be an Authorized Representative:

Legal guardian/conservator

Spouse

Parent

Sibling

Grandparent

Power of attorney

Representative payee appointed for the eligible individual by the Social Security Administration

Anyone requested by the account owner

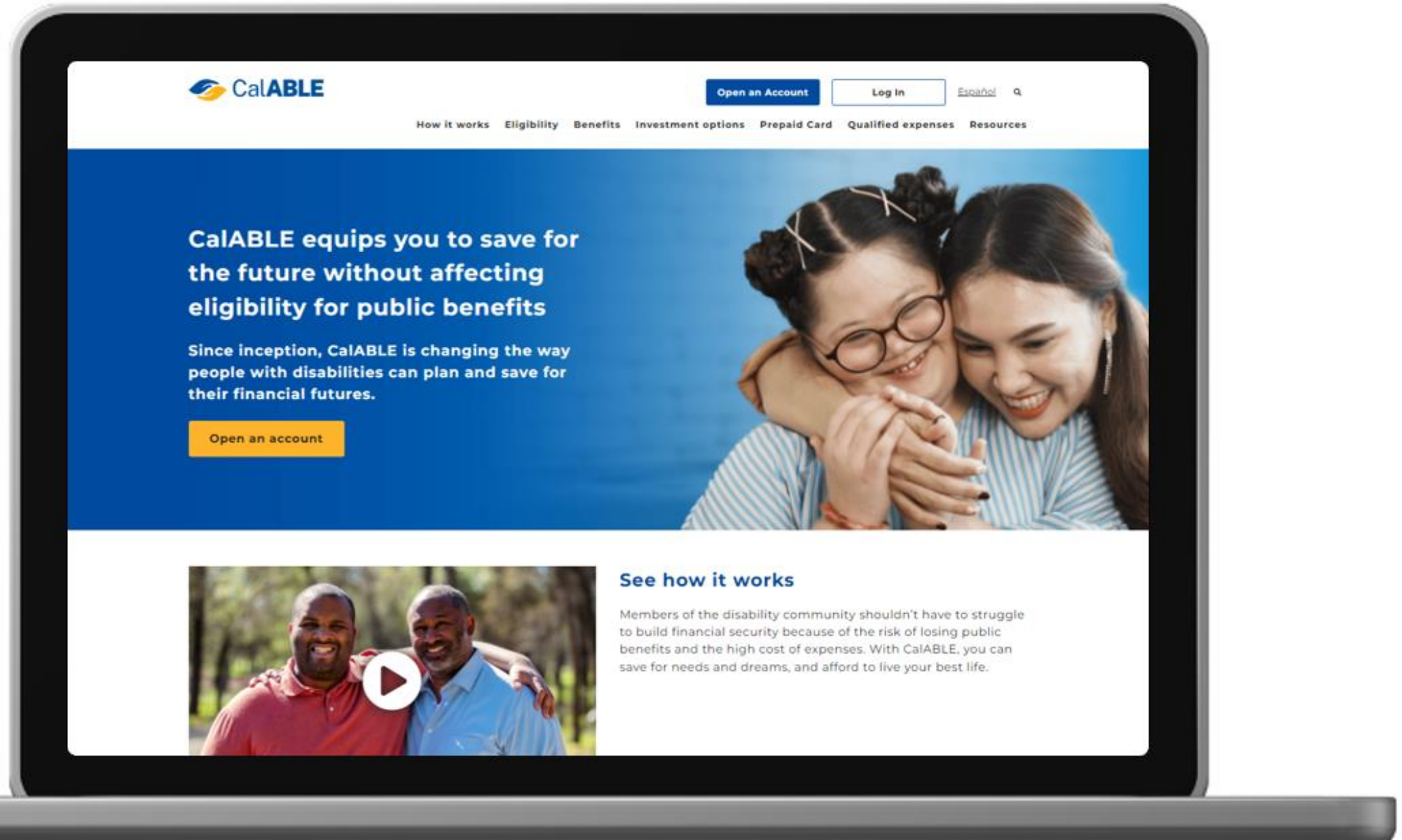
### The role of the Authorized Legal Representative

An Authorized Legal Representative (ALR) is someone who is allowed under state and federal law to make decisions for the CalABLE account beneficiary. There can be only one ALR per account, but regardless of who opens the account, the beneficiary is the sole owner of all the funds.





# Get started today: CalABLE.ca.gov



# **Vestwell State Savings**

# CalABLE 1099-QA and 5498QA Overview

February 14

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# Accessing Tax Forms in your CalABLE account.

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Statements

Tax forms

**Total Balance**

1 pending transaction

**\$0.00**[Activity](#) | [Contributions](#) | [Direct deposit](#)**2024 Contributions** **\$3,500.00**  
Standard contribution limit is \$18,000 **\$0.00**  
ABLE to Work contribution limit is up to \$14,580<sup>1</sup>[Learn more about ABLE to Work >](#)**Set a Goal**

Adding a goal is optional, but it can help you stay on track and save for the future.

[Add a goal >](#)**Investments** ⓘ**Contribution pending**

Once it has completed, you'll see your investment breakdown here.

[Make a contribution >](#)**Add a Gifting Page**

Start unwrapping gift contributions from friends and family by creating a Gifting Page. It's easy to set up and share online.

[Create a Gifting Page >](#)**Sign Up For a Prepaid Card**

Transfer money directly from your account for online or in-store purchases all over the U.S.

[Learn more](#) | [Sign up with True Link](#)

Please note, your total balance does not include pending amounts.

Click On **Documents** ->  
Click on **Tax forms**



# Tax Forms:

IRS Form **1099-QA** – Available if withdrawals were made from the CalABLE Account.

IRS Form **5498-QA** – Available if contributions were made into the CalABLE Account.

## Tax Forms

Your ABLE Plan may provide tax forms, depending on your account activity.

Listed below are the tax forms you may receive:

- IRS Form 1099-QA - Distributions From ABLE Accounts - withdrawals to a bank account, prepaid card, account owner, or bill pay recipient. (Typically delivered no later than early February)
- IRS Form 5498-QA - ABLE Account Contribution Information - (Typically delivered no later than late March; doesn't need to be filed with Tax Returns)

If you see **no tax forms listed**, this is probably due to lack of activity in the account for the given tax year. If you have had no activity in the account and believe this tax form is an error, [please refer to the FAQs](#).

### For more information

[Please refer to our FAQs for additional information](#).

There are no forms to display

# IRS Form **1099-QA**

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IRS Form 1099-QA – Available if withdrawals were made from the CalABLE Account.

☐ CORRECTED (if checked)

PAYER'S name, street address, city or town, state or province, country, ZIP or foreign postal code, and telephone no.		1 Gross distribution	OMB No. 1545-2262 Form <b>1099-QA</b> (Rev. January 2023) For calendar year 20____
		\$	
		2 Earnings	
		\$	
PAYER'S TIN	RECIPIENT'S TIN	3 Basis	4 Program-to-program transfer <input type="checkbox"/>
		\$	
RECIPIENT'S name		5 Check if ABLE account terminated in the calendar year reported <input type="checkbox"/>	6 If this box is checked, the recipient is not the designated beneficiary <input type="checkbox"/>
Street address (including apt. no.)		<b>Copy B For Recipient</b>  This is important tax information and is being furnished to the IRS. If you are required to file a return, a negligence penalty or other sanction may be imposed on you if this income is taxable and the IRS determines that it has not been reported.	
City or town, state or province, country, and ZIP or foreign postal code			
Account number (see instructions)			

Instructions for Recipient

**Recipient's taxpayer identification number (TIN).** For your protection, this form may show only the last four digits of your TIN (social security number (SSN), individual taxpayer identification number (ITIN), or adoption taxpayer identification number (ATIN)). However, the payer has reported your complete TIN to the IRS.

**Account number.** May show an account or other unique number the payer has assigned to distinguish your account.

**Box 1.** Shows the gross distribution paid to you this year from an Achieving a Better Life Experience (ABLE) savings account in the calendar year being reported. Gross distribution includes distributions from the ABLE account for both qualified and nonqualified disability expenses. The gross distribution also includes amounts distributed that the designated beneficiary intends to roll over to another ABLE account, but does not include program-to-program transfers. A gross distribution also includes a return of excess contributions plus earnings.

**Box 2.** Shows the earnings part of the gross distribution shown in box 1. Generally, amounts distributed that are used to pay for qualified disability expenses, or rolled over to another ABLE account within 60 days, are not included in income. Report taxable amounts as "Other income" on Form 1040 or 1040-SR. Also see Form 5329 and its separate instructions.

**Box 3.** Shows your basis in the gross distribution reported in box 1.

**Box 4.** This box is checked if a program-to-program transfer was made from this ABLE account to another ABLE account.

**Box 5.** This box is checked if the ABLE account was terminated in the calendar year being reported.

**Box 6.** The designated beneficiary is the individual named in the document creating the ABLE account to receive the benefit of the funds in the account. If this box is checked, you are not the designated beneficiary of this ABLE account. You and/or the designated beneficiary may be subject to additional taxes and/or penalties on the box 1 gross distribution. See Form 5329 and its separate instructions and the Instructions for Form 1040.

**Future developments.** For the latest information about developments related to Form 1099-QA and its instructions, such as legislation enacted after they were published, go to [www.irs.gov/Form1099QA](https://www.irs.gov/Form1099QA).

**Free File Program.** Go to [www.irs.gov/FreeFile](https://www.irs.gov/FreeFile) to see if you qualify for no-cost online federal tax preparation, e-filing, and direct deposit or payment options.

# IRS Form 5498-QA



IRS Form 5498-QA – Available if contributions were made into the CalABLE Account.

☐ CORRECTED

ISSUER'S name, street address, city or town, state or province, country, and ZIP or foreign postal code		1 ABLÉ contributions	OMB No. 1545-2262  <b>2023</b>  Form <b>5498-QA</b>	<b>ABLE Account Contribution Information</b>  <b>Copy B</b>  For Beneficiary  This information is being furnished to the IRS.	
		\$			
		2 ABLÉ to ABLÉ Rollovers			
ISSUER'S TIN		BENEFICIARY'S TIN	3 Cumulative contributions		4 Fair market value
BENEFICIARY'S name		5 If checked, account was opened in 2023 <input type="checkbox"/>	6 Basis of eligibility		
Street address (including apt. no.)		7 Code			
City or town, state or province, country, and ZIP or foreign postal code					
Account number (see instructions)					

Instructions for Beneficiary

The information on Form 5498-QA is furnished to you by the issuer of your Achieving a Better Life Experience (ABLE) savings account. Form 5498-QA reports contributions, rollovers, and program-to-program transfers to this ABLE account for 2023. For more information, see Pub. 907.

**Beneficiary's taxpayer identification number (TIN).** For your protection, this form may show only the last four digits of your TIN (social security number (SSN), individual taxpayer identification number (ITIN), or adoption taxpayer identification number (ATIN)). However, the issuer has reported your complete TIN to the IRS.

**Account number.** May show an account or other unique number the issuer assigned to distinguish your account.

**Box 1.** Shows the amount of contributions made to this ABLE account in 2023. Include all cash contributions and Qualified Tuition Plan (QTP) to ABLE account rollovers, and QTP to ABLE program-to-program transfers. Do not deduct these amounts on your income tax return.

If the total contributions (including any contributions from a section 529 program/QTP), but not including contributions of the designated beneficiary's compensation income made under section 529A(b)(2)(B)(ii) made to your ABLE account for 2023 exceeded \$17,000, or if the contributions of an employed designated beneficiary's compensation income exceeded the applicable amount under section 529A(b)(2)(B)(ii), the excess contributions, plus the earnings on them, must be returned by the date your tax return is due (including extensions), or you may owe a penalty. Check with your ABLE program to verify that excess contributions and earnings are returned timely. You must keep track of your ABLE account basis (contributions and distributions).

**Box 2.** Shows the amount of any rollover or program-to-program transfer made to this ABLE account from another ABLE account in 2023. Generally, any amount rolled over from one ABLE account to another ABLE account for the benefit of the named beneficiary or of an eligible individual who is a member of the beneficiary's family who is described in section 152(d)(2)(B) is not taxable.

**Box 3.** May show the cumulative amount contributed since the establishment of the ABLE account (or of an ABLE account of the same designated beneficiary that was rolled over, or directly transferred (in a program-to-program transfer), to the current ABLE account).

**Box 4.** Shows the FMV of the ABLE account as of the end of the year.

**Box 5.** The ABLE account was opened in 2023 if the box is checked.

**Box 6.** These codes show the basis for your ABLE account eligibility. A—eligibility established under 529A(e)(1)(A), SSDI, Title II SSA. B—eligibility established under 529A(e)(1)(A), SSI, Title XVI SSA. C—eligibility established by disability certification under section 529A(e)(1)(B).

**Box 7.** These codes show the type of disability for which you are receiving ABLE account qualifying benefits. 1—developmental disorders (including autism); 2—intellectual disability; 3—psychiatric disorders; 4—nervous disorders (including blindness and deafness); 5—congenital anomalies (including Down syndrome); 6—respiratory disorders; 7—other.

**Future developments.** For the latest information about developments related to Form 5498-QA and its instructions, such as legislation enacted after they were published, go to [www.irs.gov/Form5498QA](http://www.irs.gov/Form5498QA).

**Free File Program.** Go to [www.irs.gov/FreeFile](http://www.irs.gov/FreeFile) to see if you qualify for no-cost online federal tax preparation, e-filing, and direct deposit or payment options.





# Thank You!

## DISCLOSURES

### About Vestwell Holdings, Inc.

Vestwell Advisors, LLC, a 3(38) and 3(21) SEC registered investment advisory firm, is a wholly owned subsidiary of Vestwell Holdings, Inc., specializing in 401(k) and other defined contribution retirement investment management services. Vestwell assumes 3(38) and 3(16) fiduciary responsibility on the behalf of advisors and firms. Learn more at [Vestwell.com](https://vestwell.com) and on Twitter [@Vestwell](https://twitter.com/Vestwell).

This is not an offer, solicitation, or advice to buy or sell securities in jurisdictions where Vestwell Advisors is not registered. An investor should consider investment objectives, risks and expenses before investing. More information is available within Vestwell Advisors' ADV. There are risks involved with investing. Investors should consider all of their assets, income and investments. Portfolios are subject to change. All opinions and results included in this publication constitute Vestwell Advisors' judgment as of the date of this publication and are subject to change without notice.



# **National Disability Institute**

# The ABLE National Resource Center

The [ABLE National Resource Center](#) (ABLE NRC) is the leading, comprehensive source of objective, independent information about federal- and state-related ABLE programs and activities, including guidance on tax-advantaged 529A (ABLE) savings accounts.

**Our mission** is to educate, promote and support the positive impact ABLE can make on the lives of millions of Americans with disabilities and their families.

# Facilitator

**Laurie Schaller,**  
Manager Financial Empowerment,  
National Disability Institute  
ABLE NRC Subject Matter Expert



# 529 College Savings Rollover to ABLE

(Slide 1 of 2)

- Before January 1, 2026, families may roll over funds from a 529-qualified tuition plan without tax impact if the ABLE account owner is the designated beneficiary of the tuition account or is an eligible member of the family.
- The rollover must occur within 60 days of the distribution.
- These rollovers are subject to the annual contribution limit of \$18,000 from all ABLE deposit sources.

# 529 College Savings Rollover to ABLE

(Slide 2 of 2)

## What this means to you:

If you have both an ABLE account and a 529 College Savings account, you may wish to consider a rollover.

[ABLE qualified disability expenses](#) allow for more expansive expenses than permitted by 529-qualified tuition programs.



# WHO SHOULD FILE INCOME TAXES



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ACHIEVING A BETTER LIFE EXPERIENCE ACT

# Minimum Income Filing Requirements May Not be Helpful to Low Income Households or to People Who Have a Disability

- **Best Practice:** A person who has a disability and works, should file income taxes regardless of the earned income amount;
- Some people who have a disability and work may receive W2s others may receive 1099s – even though they may not consider themselves to be self-employed;
- A person who has a disability who receives SSI and files income taxes and pays FICA, may eventually become eligible for SSDI and qualify for SSA Retirement and Medicare based upon their work history. For 2024, each time a person earns \$1,730 they have earned a quarter of coverage towards their SSDI/Retirement.



# Tax Filing is Critical

- Filing a tax return is the only way to claim a tax credit or receive a tax refund for taxes already paid.
- You could get future economic impact (stimulus) payments faster.
- If you file and are due a refund, you could use that money to pay any back taxes and/or SSA overpayments that you might owe. This is a way to make sure your credit is the best it can be so that you can qualify for affordable credit when needed.
- Tax filing reduces the risk of identity theft should someone else use your information to file a fraudulent return.



# ABLE TAX DEDUCTIONS, INCENTIVES AND REFUNDS



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# People with Disabilities and Taxes

The IRS has [Information for People with Disabilities](#) qualifying for certain, federal tax deductions, income exclusions and tax credits.

- Tax credits may be state or federal. They reduce the income tax owed dollar-for-dollar, and some may result in a refund. *All or a portion of the refund may be saved in the ABLE account.*



# Recovery Rebate Credit and Economic Impact Payments

People who are still missing a stimulus payment for 2021 may go to [Recovery Rebate Credit](#) to see if they are eligible.

A person who is eligible would need to file an amended income tax return for 2021 to receive this payment.





# Child Tax Credit

- The Child Tax Credit helps families with qualifying children get a tax break.
- Those who did not work in 2021, or who had worked in 2022 and had a child in their household under the age of 18, may be eligible for [Child Tax Credits by filing amended income taxes for 2021 or 2022](#) due to special Child Tax Credit law applicable to Tax Year 2022.
- Note: This may be up to \$3,600 per child; depending on the age of the child(ren) and the filing year.



# Child and Dependent Care Tax Credit

- The child and dependent care credit is a tax credit that may help you pay for the care of eligible children and other dependents (qualifying persons).
- **KEY - Age exception** – if a person (spouse, dependent) is incapable of self care and lives with the taxpayer for more than ½ the year – there is no age limit.
- The credit is calculated based on your income and a percentage of expenses that you incur for the care of qualifying persons to enable you to go to work, look for work or attend school.
- *You may claim this credit even if you paid for these work-related expenses as a qualified disability expense from your ABLE account!*

# Earned Income Tax Credit (EITC)

(Slide 1 of 2)

- The Earned Income Tax Credit (EITC) helps low- to moderate-income workers and families get a tax break. If you qualify, you can use the credit to reduce the taxes you owe and maybe increase your refund.
- A person needs to have earned income from employment to be eligible and needs to file income taxes to get the credit or refund.

# Earned Income Tax Credit (EITC)

(Slide 2 of 2)

- Eligibility for the [Earned Income Tax Credit](#) was expanded in 2021 and 2022 only.
- A person may be eligible to a claim by filing amended income taxes for 2021 and/or 2022 if they had no previously claimed their EITC.
- The IRS offers a [EITC Assistant](#) to help people see if they are eligible for years 2021, 2022 and/or 2023.
- **Please note**, a person does not need to have a child to qualify for EITC.
- An adult child who has a disability may qualify as a dependent child for EITC regardless of their age if permanently and totally disabled.

# ABLE AND INCOME TAX SCENARIOS



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# Case Scenario 1 (Slide 1 of 3)

Juanita, a 30-year-old ABLE account owner who is not currently working.

**QUESTION:** Does Juanita need to file taxes because they have an ABLE account?





# Case Scenario 1 (Slide 2 of 3)

## ANSWER:

Juanita does not need to file taxes simply because they have an ABLE account. If a person hasn't worked, but receives disability payments from Social Security Administration, or has retirement income, investment earnings, and/or dividends from non-ABLE accounts, or if their income is over [IRS limits](#), they may need to file income taxes.

Even if a person is not required to file by law, they may choose to file a Federal income tax return to claim deductions or tax credits, and that may result in a refund. If a person decides to become employed to meet their goals and to save more money in an ABLE account, they should consider filing even if they are not required to file.

# Case Scenario 1 (Slide 3 of 3)

## ABLE Tax Time Tip:

File income taxes for 2023 even if you did not have “enough” earned income from employment to have to file.

This may help those who receive SSI or no disability benefit now, to eventually qualify for SSDI and retirement benefits in the future.



## Case Scenario 2 (Slide 1 of 3)

Bob receives Supplemental Security Income (SSI). They have a job coach and have received 1099s at the end of each year for the last 5 years that they worked.

**QUESTION:** Does Bob need to file income taxes?



# Case Scenario 2 (Slide 2 of 3)

## ANSWER:

Yes, Bob should file income taxes and pay FICA taxes each year worked.

If Bob missed filing, they may file income taxes now for 2023, 2022, 2021 and 2020. The same rule applies to a right to claim tax credits.

Bob may either owe income taxes or receive a refund due to tax credits they may be eligible for. Sometimes a tax refund can offset taxes that had been owed to the IRS.

Bob should also contact SSA and report their earnings for each month. SSA can then record earnings for Bob for up to the last 3 years. Filing income taxes for employment earnings, paying FICA and reporting earned income to SSA may qualify a person for SSDI, retirement and Medicare based upon their earned income.

# Case Scenario 2 (Slide 3 of 3)

- If Bob owes the IRS or SSA money, they may use ABLE funds to repay the IRS and SSA, or they could negotiate a repayment plan and use her earnings to repay the IRS and SSA.
- IRS taxes and SSA overpayments may be repaid with ABLE account funds; these are examples of qualified disability expenses.
- Best practice: use income to repay the IRS, SSA and creditors to allow ABLE account investment funds to continue to grow tax-free.

## ABLE Decision Guide:

### [Determining whether something is a Qualified Disability Expense](#)



# Case Scenario 3 (Slide 1 of 3)

Manuel works part time and now qualifies for SSDI instead of SSI.

**QUESTION:** Manuel is wondering if they need to be claimed as a dependent on their parent's income taxes?





# Case Scenario 3 (Slide 2 of 3)

- Answer: It depends, families make this decision together, based upon several factors.
- If Manuel is not a dependent, they may qualify for tax credits now that they work and deposit some of their employment earnings into their ABLE account.



# Case Scenario 3 (Slide 3 of 3)

## Possible Tax Credits / Deductions:

- [Disability Filing Credit](#)
- [Earned Income Tax Credit](#) (Federal and State)
- [Retirement Savings Contributions / Saver's Credit](#)
- [Student Loan Repayment Interest Deduction](#)



# BEST PRACTICES FOR ABLE AND TAX FILING NEXT STEPS AND RESOURCES



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# New Credits for Employer Contributions

- Small businesses with 50 or fewer employees will receive a new tax credit based on a percentage of employer contributions, up to \$1,000 per employee (excluding employer contributions as elective deferrals under Code Sec. 402(g)(3) or to a defined benefit plan under Code Sec. 414(j)). This credit, which caps at \$1,000 per employee, phases down gradually over five (5) years and is subject to further reductions for employers with 51 to 100 employees.
- **Employer contributions to ABLE are treated as compensation and may impact benefits.**
- **Earned income that is deposited into an ABLE account is still countable earned income for ABLE account owners.**

# Best Practice: ABLER Account Owner's Employment

The Social Security Administration (SSA) encourages SSI and SSDI recipients to work to their fullest ability.

- There are SSI and SSDI work supports that can help a person to work and earn more while keeping their SSI, SSDI, Medicaid and/or Medicare. Learn more at [ChooseWork.SSA.gov](https://www.choosework.ssa.gov).
- The IRS supports employment for people who have disabilities with the ABLE to Work Act Provision, allow more money to be deposited into an ABLE account.

# Ticket To Work

- NDI's [American Dream Employment Network](#) (ADEN) can help SSI/SSDI beneficiaries to work to their fullest abilities and use the SSA work supports that help a person earn and save more and keep benefits, including Medicaid and Medicare, sometimes indefinitely.



# Best Practice: Spending ABLÉ funds on Qualified Disability Expenses (QDEs)

- Deposit benefits into your checking account to pay for food, housing and monthly bills. Then deposit any extra funds into your ABLÉ account.
- A portion of earned income may be directly deposited into an ABLÉ account. Try to leave your deposits in your ABLÉ account to qualify for the maximum [Saver's Tax Credit](#).



# Keep In Mind

- For a person who receives a needs-based benefit like Supplemental Security Income (SSI) or Medicaid, federal tax refunds do not count as earned income. As a result, it does not impact eligibility for SSI or other federally funded benefits like Medicaid.
- Federal tax refunds do not count as a resource for a period of **12 months** after the month of receipt, for SSI or any federally-funded public benefit.
- State tax refunds are not countable income the month received, but if held over to the next month, the funds are a countable resource.
- A person who relies on means-tested benefits either needs to spend down state tax refunds, deposit them into a qualified [1st time home buyer program](#), a SSA approved [PASS plan](#) or deposit the funds into an [ABLE account](#).

# ABLE NRC RESOURCES



NATIONAL RESOURCE CENTER  
ACHIEVING A BETTER LIFE EXPERIENCE ACT

# Learn More

This one-page flyer offers a quick overview on ABLE accounts and the resources provided by the ABLE National Resource Center (ABLE NRC)

Scan this QR code to download the flyer to your device.





**ABLE** NATIONAL RESOURCE CENTER  
ACHIEVING A BETTER LIFE EXPERIENCE ACT



**Discover the life-changing power of an ABLE account**

An ABLE account can help improve the health, independence and quality of life for millions of eligible individuals with disabilities.

**All the ABLE information you need, in one place.**

The ABLE National Resource Center (ABLE NRC) is the leading source of objective, independent information about *ABLE savings accounts* and federal and state-related ABLE programs.

Founded in 2015 and managed by National Disability Institute (NDI), the ABLE NRC's website is the go-to source for ABLE information for people with disabilities and their families, as well as service providers, financial professionals and more.

ABLE accounts allow eligible individuals to save and invest money, largely without affecting eligibility for public benefits.

→ **Learn about ABLE Accounts**  
ABLE accounts are tax-free savings and investment accounts for individuals with disabilities so they can save for qualified disability expenses like transportation, healthcare, food, housing, education, retirement and more.

→ **Explore Decision Guides**  
Our *ABLE Decision Guide Series* can help you make informed choices when selecting, opening and using an ABLE account.

→ **Access Upcoming and On-Demand Webinars**  
Register for upcoming webinars or watch our collection of On-Demand webinars any time.

→ **Hear from ABLE Experts**  
The *ABLE to Save Podcast Series* interviews ABLE account holders and family members, and leaders in the public and private sectors, about how ABLE accounts can be an effective savings tool.



“Having an ABLE account gives me a lot of breathing room and a way to save for the long-term, in a life-changing way.”

— Simon Cantos, ABLE Account Owner & ABLE NRC Ambassador

EXPLORE THE POWER OF ABLE ACCOUNTS  
[ablenrc.org](https://ablenrc.org)



Connect with us: [@theABLENRC](https://twitter.com/theABLENRC)  
[#ABLEtoSave](https://www.facebook.com/ABLEtoSave)    

# ABLE National Resource Center

Visit ABLE NRC's website at [www.ablenrc.org](http://www.ablenrc.org) for:

- [ABLE Decision Guides](#)
- [ABLE Program Comparison Tools](#)
- [ABLE FAQs](#)
- [ABLE Account Owners](#)
- [ABLE Family Members](#)
- [#ABLEtoSave Podcasts](#)
- [ABLE Webinars](#)
- [AchievABLE Newsletter](#)



# ABLE NRC Flier and Toolkits

- [Employer Toolkit](#)
- [Service Provider Toolkit](#)
- [Youth Transition Toolkit](#)
- [ABLE NRC Media Toolkit](#)



# NDI Resources

- [National Disability Institute](#)
- [NDI Assistive Technology Loan Program and AFP List](#)
- [Financial Resilience Center](#)
- [NDI Small Business HUB](#)
- [NDI Tax Preparation and Filing Information for People with Disabilities](#)



# Reminders



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## Ask family and friends to contribute via Gifting!

- Set up a gifting page, and anyone who has a link can contribute towards your goal!
- Gift contributions do not count as income
- Gift contributions count toward your yearly contribution limit. So, if you've already reached the limit, your page will remain public, but no one can contribute again until next year.

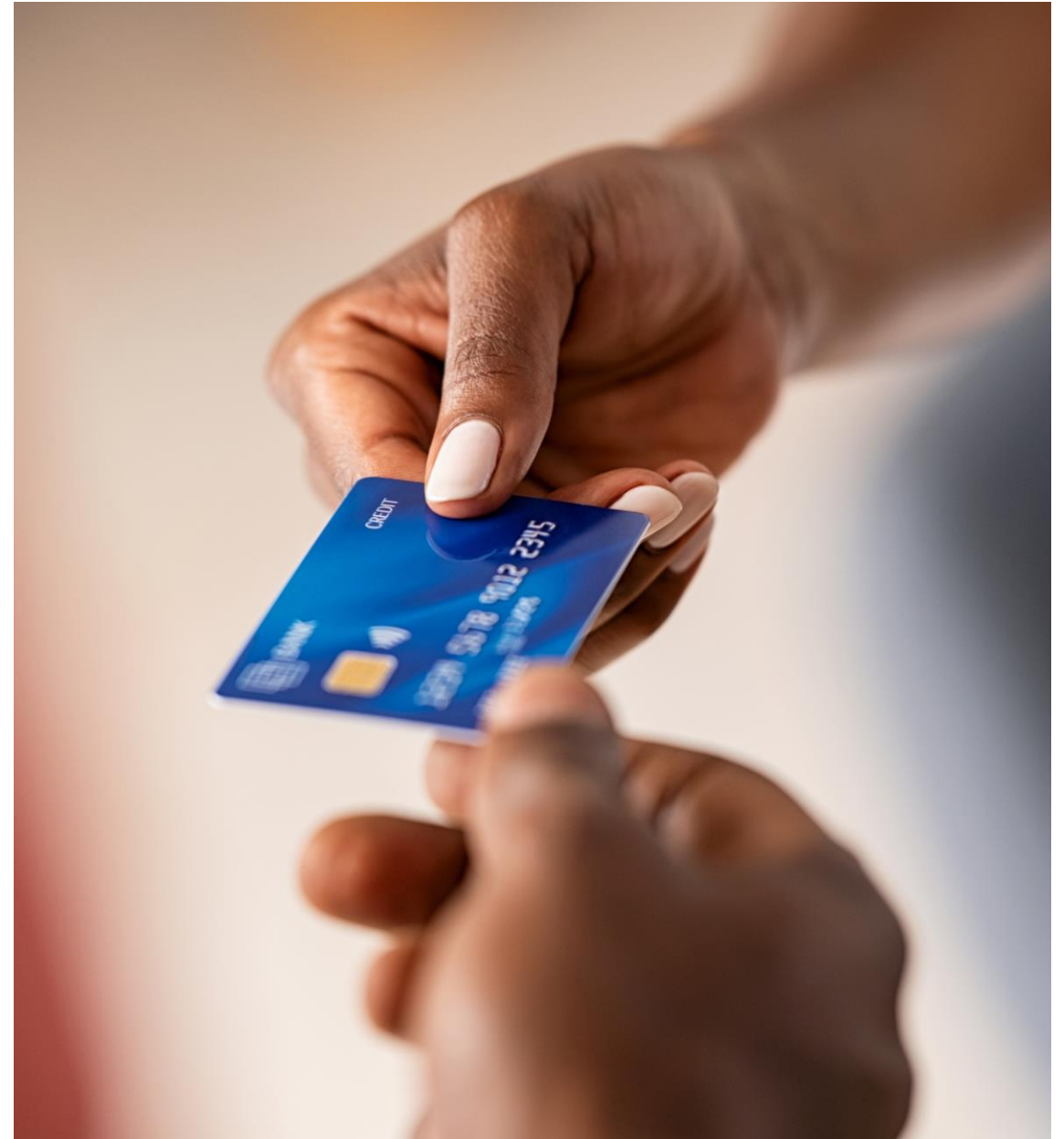


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## Access your money easily with a prepaid card

- Load funds onto your prepaid debit card anytime from your CalABLE account
- Use it to pay for qualified disability expenses anywhere Visa® debit cards are accepted\*
- Track your spending and upload receipts
- No monthly fees\*

\*Please see the cardholder agreement for any fees that may apply





## Strengthen Your Financial Education with CalABLE's Financial Fitness Center

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Don't wait until it's too late! Did you know over half of financial care recipients lack a plan? Planning ahead can ease stress and honor their wishes. CalABLE's Financial Fitness Center can help you to plan for a financial caregiver.

Learn about the benefits of planning for financial caregiving and what you need to get started: [Planning for a Financial Caregiver](#)

To access the Financial Fitness Center, visit <https://calable.ca.gov/resources>



### Planning for a Financial Caregiver

Over half of the people currently receiving assistance with financial care are not aware of having any financial plan in place beforehand.

Planning ahead may reduce some of the stress of financial caregiving and ensure that the recipient's wishes are honored.

[Explore →](#)

# Contact Us

## CalABLE Service Center

- **Phone: 833-Cal-ABLE (833-225-2253) between 6am and 5pm PT**
  - For those with a hearing impairment, please contact us at the number above via a relay service
- **Customer Support Form: <https://www.sunday.com/customer-support/calable>**

# Resources

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[Partner Toolkit](#)



[YouTube](#)



**Brochures**



[Twitter](#)



[Instagram](#)



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*Stay up to date with the latest news and join the conversation on social media*



# **Why I love CalABLE Winners**



## Fill out the anonymous webinar survey!

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1. I am a... CalABLE participant, ALR, potential CalABLE participant, service provider, State employee, other.
2. Email or phone number (optional if you would like follow-up)
3. Do you have any questions we didn't answer?
4. What did you like most about this event?
5. What could we have done better?





# Disclosure 1

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## Disclosure 2

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CalABLE's investment options are selected by the California ABLE Act Board. Account balances in CalABLE will vary with market conditions and are not guaranteed or insured by the California ABLE Act Board, the State of California, the Federal Deposit Insurance Corporation ("FDIC"), Vestwell, or any other organization.

Neither Vestwell nor the California ABLE Act Board are investment or tax advisors and do not provide tax, legal, financial, or other investment advice. You should consult appropriate professional advice or consultation if you have questions related to taxes or investments. Consider the investment objectives, risks, charges and expenses before investing in the CalABLE. Please call toll-free 833-CAL-ABLE for a Disclosure Statement containing this and other information. Read it carefully. Before investing in any savings program, you should consider whether your home state provides its taxpayers with favorable state tax or other benefits that are only available through investment in the home state's savings program.

You also should consult your financial, tax, or other adviser to learn more about how state-based benefits (or any limitations) would apply to your specific circumstances. You also may wish to directly contact your home state's savings program, or any other state savings program, to learn more about those plans' features, benefits and limitations. State-based benefits should be one of many appropriately weighted factors to be considered when making an investment decision.

The FDIC-Insured Portfolio is FDIC-insured up to \$250,000, subject to certain restrictions. Interests in the CalABLE program are not registered with or in any way approved by the Securities and Exchange Commission or by any state securities commission.

**Thank you.**



# Q & A

# Appendix



# Appendix Table of Contents

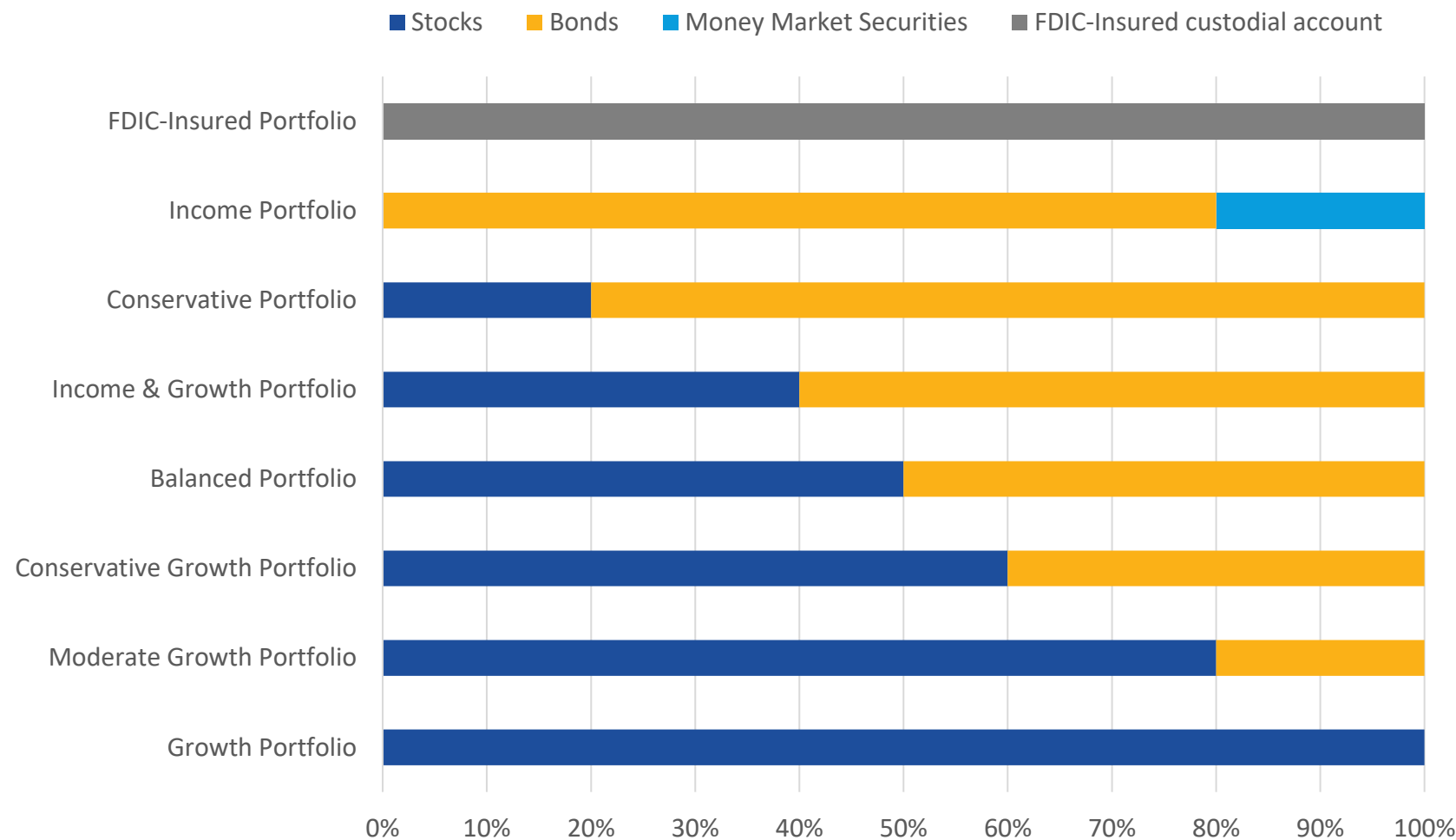
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# CalABLE Investment Portfolio Options



# CalABLE Investment Portfolio Options 1



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# CalABLE Investment Portfolio Options 2

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**FDIC Account**



**Income Portfolio**



**Conservative Portfolio**



**Income and  
Growth Portfolio**



**Balanced Portfolio**



**Conservative Growth  
Portfolio**



**Moderate Growth Portfolio**



**Growth Portfolio**

# CalABLE Investment Portfolio Options 1-4

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## FDIC Account

The FDIC account offers insurance protection for amounts contributed to the Cash Option, up to FDIC-permitted limits. The Cash Option allocates 100% of its assets to a demand deposit account established by the Trust at the Bank (the “Bank Account”).



## Income Portfolio

The Income Portfolio seeks to provide investors limited capital appreciation with minimal risk to principal. The Portfolio is designed for investors with a very low tolerance for short-term market fluctuations who want low risk to principal and have a high desire for current income with limited capital appreciation. The Portfolio investments include a mix of fixed income investments with a significant cash (Money Market Fund) position.



## Conservative Portfolio

The Portfolios included in the Conservative Year are designed for investors with a low tolerance for short-term market fluctuations who expect modest capital appreciation with limited risk to principal.



## Income and Growth Portfolio

The Income and Growth Portfolio seeks to conservatively grow the Portfolio with modest income at higher risk. The Portfolio is designed for investors with a moderate tolerance for short-term market fluctuations that who expect moderate capital appreciation and have a modest desire for income. The Portfolio investments include exposure to a mix of bonds with a blend of globally diversified equity securities.

# CalABLE Investment Portfolio Options 5-8

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## Balanced Portfolio

The Balanced Portfolio seeks to provide a balanced mix of steady return and growth but comes with additional risk. The Portfolio is designed for investors with a modest tolerance for short-term market fluctuations and a desire for income and moderate capital appreciation. The Portfolio investments include a balanced mix of bonds and globally diversified equity securities.



## Conservative Growth Portfolio

The Conservative Growth Portfolio seeks to grow the Portfolio moderately with low income but comes with increasing degree of risk. The Portfolio is designed for investors with a moderately high tolerance for short-term market fluctuations who expect significant capital appreciation and have a minimal desire for current income. The Portfolio investments include a blend of globally diversified equity securities with exposure to a mix of bonds.



## Moderate Growth Portfolio

The Moderate Growth Portfolio seeks capital appreciation but comes with high degree of risk. The Portfolio is designed for investors with a high tolerance for short-term equity market fluctuations who expect capital appreciation and have low desire for income. The Portfolio investments are generally a blend of globally diversified equity securities.



## Growth Portfolio

The Growth Portfolio seeks to maximize growth but comes with the highest degree of risk. The Portfolio is designed for investors with a very high tolerance for short-term equity market fluctuations who expect maximum capital appreciation and have no desire for income. The Portfolio investments are generally a blend of globally diversified equity securities.

## Allocation of Underlying Mutual Funds by Target Risk Investment Option

Each Target Risk Investment Option pursues its investment objective by investing in certain underlying mutual funds. The table to the right reflects the target allocations of underlying mutual funds for each of the Target Risk Investment Options, as well as the FDIC-Insured Investment Option, under the Plan's investment policy.

Fund Name	Ticker	Percent Allocation of Investment Option						
		Income Portfolio	Conservative Portfolio	Income and Growth Portfolio	Balanced Portfolio	Conservative Growth Portfolio	Moderate Growth Portfolio	Growth Portfolio
Fidelity® Total Market Index Fund	FSKAX	0%	7%	13%	17%	20%	26%	33%
Schwab Total Stock Market Index Fund®	SWTSX	0%	6%	13%	16%	19%	26%	32%
Fidelity® International Index Fund	FSPSX	0%	5%	10%	12%	15%	20%	25%
Fidelity® Emerging Markets Index Fund	FPADX	0%	2%	4%	5%	6%	8%	10%
Fidelity® U.S. Bond Index Fund	FXNAX	30%	30%	25%	22%	17%	9%	0%
Schwab U.S. Aggregate Bond Index Fund	SWAGX	30%	30%	25%	20%	17%	8%	0%
Fidelity® Long-Term Treasury Bond Index Fund	FNBGX	5%	5%	4%	4%	4%	3%	0%
Schwab Treasury Inflation Protected Securities Index Fund	SWRSX	3%	3%	2%	2%	2%	0%	0%
Vanguard Emerging Markets Bond Fund Admiral Shares	VEGBX	6%	6%	2%	1%	0%	0%	0%
Vanguard High-Yield Corporate Fund Admiral Shares	VWEAX	6%	6%	2%	1%	0%	0%	0%
Vanguard Cash Reserves Federal Money Market Fund Admiral Shares	VMRXX	20%	0%	0%	0%	0%	0%	0%

# Changing investment selections

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You may change the way in which future contributions are invested at any time. However, you may only change your investment choices **twice per calendar year** once the money is in your account.

## Please note:

Before investing, carefully consider the Plan's investment objectives, risks, fees, and expenses. This information and more about the Plan may be found in the CalABLE Account Plan Disclosure Booklet, which should be read fully and carefully before investing. The investment option descriptions contained on this website are provided for informational purposes only and do not constitute financial, investment, or other advice nor is any information presented to you intended as an offer, recommendation, endorsement, or solicitation to purchase any investments. Beneficiaries or their Authorized Legal Representatives are solely responsible for the selection of their investment options.

# Account Fees Example



## What are the account fees?

\$3,000 Assumed Assets

	FDIC-Insured Portfolio	Investment Portfolios
Account Maintenance Fee	\$ 30.00	\$ 30.00
Underlying Investment Fees*	\$ 0.00	\$ 0.92 – \$ 2.23
Program Management Fee	\$ 0.00	\$ 3.00
State Administrative Fees	\$ 8.40	\$ 8.40
<b>Total Annual Fees**</b>	<b>\$ 38.40</b>	<b>\$ 42.32 – \$ 46.63</b>

\* 0.000% FDIC  
0.074% Income

0.060% Conservative  
0.041% Income and Growth

0.036% Balanced  
0.032% Conservative Growth

0.031% Moderate Growth  
0.031% Growth

\*\* An additional \$10 fee will be assessed if paper statements are selected. There is no fee for e-delivery of statements.

# CalABLE vs Special Needs Trusts

## CalABLE vs. Special Needs Trusts

	CalABLE	Special Needs Trusts
<b>Set Up</b>	Can open by yourself online in 20 minutes or less.	Generally, need to work with an attorney to create.
<b>Ownership &amp; Control</b>	Individual with a disability is the owner. They, or an Authorized Legal Representative, can manage and spend the money.	A Trustee manages the Trust and has sole discretion over spending.
<b>Purchases</b>	Broad range of allowable uses, including food and housing.	Broad range of allowable uses, but not food or housing.
<b>Cost</b>	Free to open. Fees start at just \$30 a year. Investment fees will vary.	Varies; anywhere from a few hundred to a few thousand to start, plus ongoing costs.
<b>Contribution Limits</b>	Anyone can contribute. Deposits limited to \$17K/year (possibly more if individual is employed)	Contributors are limited (may not include Beneficiary). No deposit limits.
<b>Medi-Cal Payback</b>	Medi-Cal will not seek recovery from a CA resident and CalABLE account.	Only first-party (self-settled) trusts must pay back Medi-Cal.
<b>Investment Options?</b>	Yes, eight options. Offers ability to grow your money. Account owner chooses how to invest.	Yes, options vary. Offers ability to grow your money. Trustee chooses how to invest.
<b>Taxes</b>	Tax-free withdrawals for qualified expenses.	Earnings are taxed.

# Creating Your Gifting Page



## How do I set up my gifting page?

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1. Sign in: Click the gifting link on your account overview page.
2. Choose what people see: Select whether or not you want to share the progress you've made toward your gifting limit.
3. Review & Publish: Get a preview of what it will look like when someone visits your gifting pages and click on "Go Live" if everything looks good.
4. Share: Once your page is created, you'll get a direct link to it that you can post directly on social media or send to friends and family.
5. Received Contributions: You'll get an email to let you know every time someone makes a gift contribution to your account.

# Why Choose CalABLE?



## 5. Why choose CalABLE?

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- CalABLE empowers you to save and plan for your future – You are in the driver's seat
- Your benefits are protected
- Your money is protected from Medi-Cal recovery
- Family and friends can contribute to your account
- You can grow your money tax-free
- You can spend your money on items and experiences that make your life better
- You become a part of the CalABLE Community – **We are CalABLE**

