

# CalABLE in 30 Minutes

## **June 15, 2022**



# Webinar Setup

#### **Presentation Slides**

Please visit the **CalABLE** website for a copy of today's slides. <u>https://www.treasurer.ca.gov/able/</u> <u>events/webinars/2022/index.asp</u>

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# Audio Options for the Webinar

#### Via your computer speakers

• Please make sure your speakers are turned on or your headphones are plugged in.

#### Don't forget

• You can adjust the volume if needed.



## Audio Options for the Webinar

#### Via telephone:

- 1. Call: 1-669-900-6833
- 2. Enter Webinar ID: 897 3078 0093





# **Submitting Questions**

We will address your questions at the end of the presentation.

#### Q&A box

Submit your questions using the **Q&A box** at any time.

#### **Audio-only participants**

Audio-only participants may email us at **CalABLE@treasurer.ca.gov.** 





# Welcome

**Fiona Ma** California State Treasurer



## **Planning for the Future!**

Imagine if you were able to plan for your future, rather than live day by day, and save for the things you need/want

• If you had the opportunity to do so, what would you save for?





# Financial Challenges of Living with a Disability

- Living independently is more expensive than for those without a disability
- Resources to help provide a higher quality of life are generally not covered by insurance
- Individuals with disabilities are less likely to be working and are oftentimes underemployed and underpaid

Among those surveyed with serious illness AND a long-term disability



#### Source:

https://www.commonwealthfund.org/publications/f und-reports/2019/apr/challenges-living-disabilityamerica-and-how-serious-illness-can



## **Financial Challenges of Means-Tested Benefits Programs**

- Limited to saving only \$2,000
- Unable to save for fear of losing benefits
- Earning too much can jeopardize their cash, food, and health care benefits





# The ABLE Act and College Savings

- The ABLE Act, passed in 2014, was designed to address the limit on savings
- Modeled after the college savings
   529 program
- As of October 2021, there are 14.83 million 529 accounts nationwide, totaling \$425.2 billion in college savings



Source: https://educationdata.org/college-savings-statistics

Cal<sub>ABLE</sub>

### Benefits of an ABLE Account

#### Why save in an ABLE account?

- Save money tax-deferred, potential for growth through investments, and access it at any time without taxes or penalty for qualified expenses
- Take advantage of a variety of professionally managed investment portfolios to best suit your needs
- Individuals on means-tested benefits can save up to \$100,000 without the risk of losing their benefits.





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# Who is Eligible?

- You can open an ABLE account if your disability began before age 26.
- If you meet the eligibility criteria for disability benefits like Supplemental Security Income (SSI) or Social Security Disability Insurance (SSDI).
- Your disability is on the SSA List of Compassionate Allowances or Blue Book listing.
- A process called self certification.







## What do you need to open and operate a CalABLE account?

- Web access
- Social security number, date of birth, and contact information
- A minimum deposit of \$25 and the ability to transfer funds to and from your CalABLE account.
- CalABLE recommends linking a bank account for ease of transferring funds



## Depositing and Withdrawing Funds

- Electronic (by ACH)
- Check to beneficiary or authorized legal representative (ALR)
- Check to third party
- Prepaid card





### Ready to Open Your Account? CalABLE.ca.gov





## **Introducing the Financial Fitness Center**

https://www.treasurer.ca.gov/ able/financial-fitness.asp





## **Financial Fitness Center**

 CalABLE has partnered with an educational firm to provide free digital curriculum on a variety of topics related to financial literacy

Building Financial Capability	Investing in Your Future Financially prepared in the years ahead.
Financial Caregiving	Financial Foundations
Growing Your Small Control of the second sec	Preparing for Retirement
Owning a Home for the benefits and costs of buying and owning a home.	Small Business Essentials
Building Financial Resilience	



Select a Playlist

## Resources

- A collaboration between NDI and CalABLE: nationaldisabilityinstitute.org/achievablecorner
- CalABLE Resources:
   treasurer.ca.gov/able/resources.asp
- ABLE National Resource Center: ABLENRC.org
- Disability Benefits 101: DB101.org
- POMS: https://secure.ssa.gov/poms.nsf/lnx/05011307 40





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# **CalABLE** Popular Resources

Tips for Opening a CalABLE Account: https://www.youtube.com/watch?v=rWKMsYaiE0A

CalABLE Qualified Disability Expenses <u>https://www.youtube.com/watch?v=dNkpOjOmYpI</u>

CalABLE and Special Needs Trusts: https://www.youtube.com/watch?v=BOlkQHhZGb8



## **CalABLE Staff**

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#### **GET IN TOUCH**

# **Need Help?**

### CalABLE

₲ 1-833-Cal-ABLE (1-833-225-2253)

☑ CalABLESupport@CalABLE.ca.gov

#### Open

9:00 am to 5:00 pm (Pacific Time) Monday - Friday



# Connect with CalABLE

# Stay in the know with our latest updates!

# Follow CalABLE on social media:



<u>https://www.facebook.com/CaIAB</u> <u>LE/</u>



https://twitter.com/calable\_bo ard



https://www.linkedin.com/company/ california-able-act-board/



<u>https://www.instagram.com/calable</u> \_act\_board/

#### Sign up for our emails here.



# Share your story with us!

- CalABLE account holders have incredible stories about how saving is impacting their financial future
- As we continue to promote this important program, we need your help!
- Stay tuned for an invite soon on how to share your story with us in a testimonial video, interview or on social media



## **July Webinar**

Can CalABLE Improve your Health?

Date: Wednesday, July 20, 2022

Time: 2:00pm -4:00pm

Register today:

https://us06web.zoom.us/ webinar/register/WN\_bk OJmimvRiGo-rfwZzzB3A



This program is free and open to the general public. For more information about CaIABLE events and to register now, visit:

https://us06web.zoom.us/we binar/register/WN\_bkOJmim vRiGo-rfwZzzB3A Can CalABLE Improve your Health? July 20, 2022 2:00 P.M. - 4:00 P.M.



#### **CalABLE Monthly Webinar Series**



IAA-CREF Tuition Financing Inc. (TFI), program mar IAA-CREF Individual & Institutional Services, LLC, N INRA, distributor and underwriter. CalABLE is a savings and investment program offered by the state of California to people with disabilities that began before reaching age 26.

In this webinar, we will explore:

- · How do we define health?
- What can financial well-being do for your health?
- · Health as a Qualified Disability Expense
- Saving to reach health goals
- A general overview of the CalABLE program



# Submitting Questions

Please use the Q&A box to submit any questions you have. We will try to answer them all.

#### **Additional Resources**

- Frequently Asked Questions: treasurer.ca.gov/able/final.pdf
- CalABLE YouTube channel: youtube.com/channel/UCk02cbbE8PC
   <u>kHATIvrsTfIA</u> has additional information on topics such as CalABLE 101, Special Needs Trusts, Qualified Disability
   Expenses, and Rollovers.



## Disclaimer

Consider the investment objectives, risks, charges and expenses before investing in the California 529A Qualified ABLE Program (CalABLE Program). Please call toll-free 833-CAL-ABLE for a Disclosure Statement containing this and other information. Read it carefully.

Before investing in any ABLE program, you should consider whether your home state provides its taxpayers with favorable state tax or other benefits that are only available through investment in the home state's ABLE program. You also should consult your financial, tax, or other adviser to learn more about how state- based benefits (or any limitations) would apply to your specific circumstances. You also may wish to directly contact your home state's ABLE program, or any other ABLE program, to learn more about those plans' features, benefits and limitations. State-based benefits should be one of many appropriately weighted factors to be considered when making an investment decision.

The CalABLE Program is offered by the State of California. TIAA-CREF Tuition Financing, Inc. (TFI), program manager. TIAA-CREF Individual & Institutional Services, LLC, Member FINRA, distributor and underwriter.

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# Thank You.